



SPA DAY PROGRAMMES

THE ULTIMATE CULLODEN RETREAT

200 MINUTES £280

- Salt and oil exfoliation
- ESPA back massage with hot stones
- ESPA personalised facial
- Oriental scalp massage
- Advanced pedicure or manicure
- Light spa lunch

SPA-TISSERIE

50 MINS MON-FRI £105

50 MINS SAT-SUN £115

- Personalised 50 minute treatment of your choice
- Afternoon tea is served in Zest Juice Bar

LADIES SPA ESCAPE

140 MINUTES £190

- Full body salt and oil exfoliation
- ESPA aromatherapy facial
- Personalised massage with oriental scalp massage
- Light spa lunch

GENTLEMEN'S BREAK

110 MINUTES £170

- Fitness massage
- Express deep cleanse facial
- Scalp massage
- Light spa lunch

All spa programmes include the use of the spa facilities.





HANDS AND FEET

Enjoy an indulgent Spa Manicure or Pedicure whilst reclining in the luxurious surroundings of our beautiful treatment rooms.

ADVANCED SPA MANICURE

70 MINUTES £75

Includes: Soak - exfoliate - file - cuticle work - hot stone massage - warming mask with thermal mitts - polish or buff

ADVANCED SPA PEDICURE

70 MINUTES £75

Includes: Soak - exfoliate - file - cuticle work - hot stone massage - warming mask with thermal booties - polish or buff

BOUTIQUE MANICURE

50 MINUTES £45

Includes: Soak - cut and file cuticle work - relaxing hand massage with heated mitts - polish or buff

BOUTIQUE PEDICURE

50 MINUTES £45

Includes: Soak - nail file and shape - exfoliation - cuticle work - relaxing foot massage with heated booties - polish or buff

TWO WEEK GEL POLISH

40 MINUTES £27

GEL POLISH SOAK OFF

30 MINUTES £15

For express nail services, please see our Nail Bar Menu.